

ankle&foot

centers of georgia

Fungoid Tincture

(Miconazole Nitrate 2%)

Fungoid Tincture is a topical medication that is used to treat fungal infections. In order to be effective on the nails, it is important that you follow the instructions very carefully.

By itself, Fungoid Tincture is not recommended for nail fungus. We have, however, added another medication that will increase the efficacy of the Fungoid Tincture. Lamisil Tablets, which is an oral fungal medication, have been added to the bottle of Fungoid Tincture (that is why the seal is broken). Together, these medications will provide some improvement in fungal nail infections.

For best results, follow these instructions:

1. The medication should be shaken well before using to mix the Lamisil Tablets into the Fungoid Tincture solution.
2. The medication should be used twice each day.
3. Apply to the nails only and avoid the skin. Lotion may be applied to the skin behind the nail to keep the medication from irritating the tissues.
4. It would be best if the nails are trimmed regularly or smoothed with a nail file. The thinner the nails, the better the medication can penetrate.
5. Your doctor may have prescribed another prescription to be used in conjunction with the Fungoid Tincture. This may include Topical Keralac Lotion or Nail Gel Solution. Such medications will help soften the nail to make it easier to trim and for the Fungoid Tincture to penetrate.

Your toenails grow very slowly. It can take up to one year for your nails to grow out completely. You will have to be persistent and use the medication for three to six months before you will even start to notice any improvement. The old nail will not improve much in appearance. What you will start to see is new, pink, healthy nail growing from under the skin.

If your nails are severely thickened, your doctor may recommend that you come in periodically for follow-up to have the nails thoroughly debrided and thinned. If you are having difficulty keeping the nails smoothed down, call for an appointment.